

Youth Object Lessons

TRUST

Ask for a student to volunteer. The only stipulation for this student is that they must absolutely trust the teacher. Once this trust is confessed, the teacher then makes a promise that they will not hurt, deceive, or do anything to the student that will break that trust. They will then play the game of trust where the student falls backwards into the teacher's arms without taking a step backwards. If they take a step backwards then their trust was not 100%. After doing that a few times, put a blindfold on the student and do it one or two more times building trust. Now, with the blindfold on tightly, the teacher will move in front of the student, but without the student's knowledge (making sure that the other students in the class don't say anything, another teacher will quietly slip behind the blindfolded student. The main teacher will ask the student to trust him/her and fall backwards reminding the student that he/she promised that they would not let the student fall. This is a true test of trust.

Moral: Faith is proved by our actions. Sometimes we don't see God or know what He is doing, yet He asks us to trust that He will be there for us even in the midst of impossible situations. He made us a promise!

I BELIEVE

This game is about believing and trusting God. If you truly believe what He tells you, then you will live it in your everyday life. This game requires at least two volunteers. One volunteer will be blindfolded, and the other volunteer will guide them through the class, (ie. turn left so you miss the chair; stop, there's a wall in front of you, etc.). The blindfolded volunteer will have to choose to believe or disbelieve the person guiding them. Maybe even have the blindfolded volunteer do something crazy just to see if they believe or not!

REAL DEAL

Materials: A real flower and a fake flower. Show the fake one to the students then the real one. Talk about the differences and similarities between the two. Come to the conclusion that there is nothing like the real deal. The fake may not always be easy to spot, but when you examine it, you know it! Let your actions be the real deal!

PICTURE PERFECT

Materials: Two pictures of the same thing, one good, and the other fuzzy. Pass the fuzzy one around then ask what the kids thought of it. Then pass the clear one around and ask them why that one was better. How can you be good example of a child of God unless people can clearly see Jesus living in you?

FAITH & FEAR

Before class, take an old glove and draw or glue the following letters on the knuckles: F - E - A - R. You will take two empty plastic water bottles, and tightly cap one of them. The other will be left uncapped. During class, you will put on the glove and form a fist to show the word fear. Then you will hit both bottles. The uncapped bottle will crush, but the one that is tightly capped will not crush. You will compare the uncapped bottle to a person without faith, and the capped bottle to a person who has faith. Although faith itself is not visible, what faith produces can easily be seen.

What you will say:

Today I want to demonstrate how faith can be seen. Here I have two empty plastic bottles. They look the same, but there is a difference. This one with a cap is full of faith. You can't see it now, but it's there. The other bottle has not faith, it is empty. (Put on the glove showing the word fear.) What do you think will happen to this bottle with no faith when fear comes along? (Allow for answers, then smash the bottle with your fist.) See, it was crushed by fear. But what about this bottle filled with faith? (Hit the capped bottle.) Look, it didn't get crushed, in fact it doesn't even look hurt. So it is when we are filled with faith. Jesus once said to his disciples, "Why are you so afraid? Do you still have no faith?" (Mark 4:40) Faith itself can not be seen, but what faith produces can easily be seen, such as strength, courage, peace of mind, and self control. We do not need to worry or be afraid of anything when we have faith in Jesus.